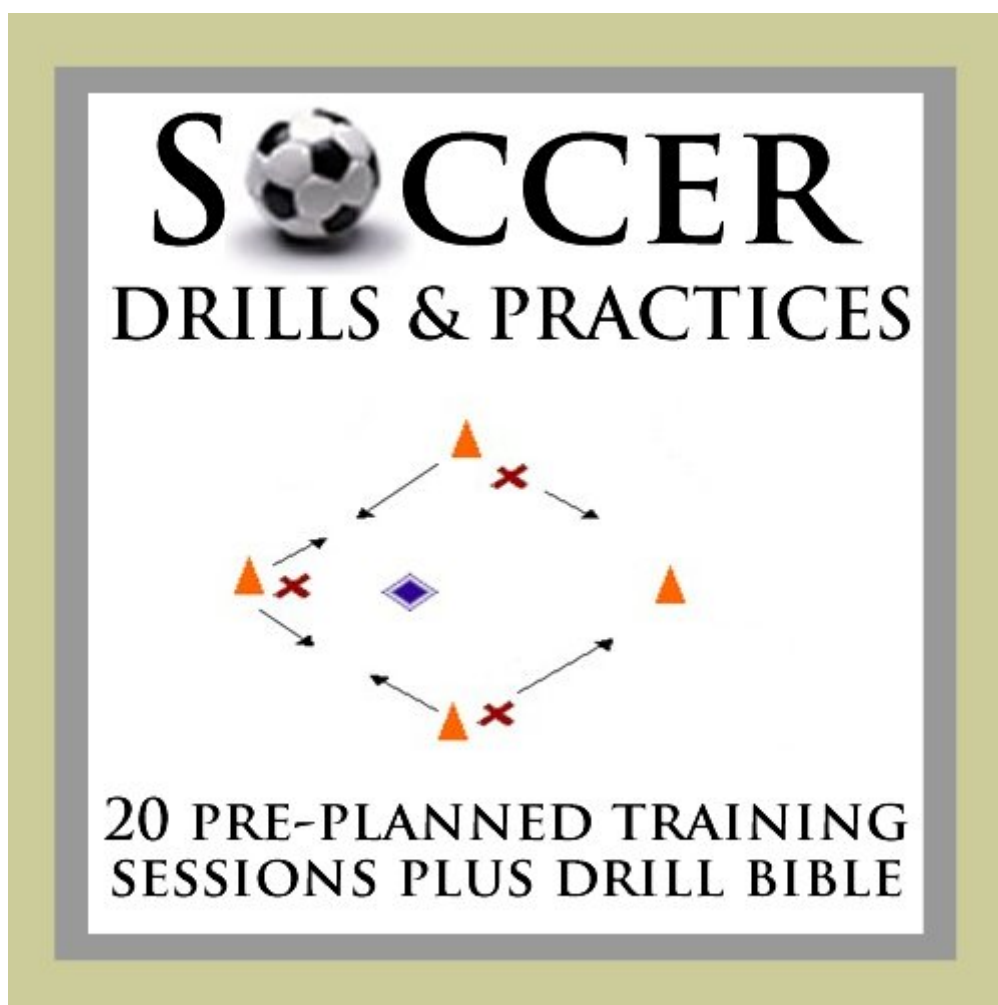




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Youth Soccer Drills: Shooting, Passing, Skills, Small-Sided And More



Synopsis

This soccer coaching book is actually two separate books that have been combined together especially for the Kindle. The first part of the book contains 20 original and carefully crafted practice plans. The second part of the book is a drill bible containing all the drills from the practices, broken down into 6 topics, with plenty of new variations, including: Skills Drills Passing Drills Attacking Drills Defending Drills Shooting Drills Small Sided Games Together these two resources make up Soccer Season Outsourced, the complete season plan for coaching a youth soccer team. Order today on the kindle for and receive a significant discount off of the normal retail price of \$25.

Book Information

File Size: 1120 KB

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Customer Reviews

Some really excellent ideas to help out all budding football coaches. I have used some of these in training sessions with junior teams and have found them easy for the players to understand and use.

Nothing particularly wrong with it if you will use it as intended. I'm back to something I can take along with me in my coaching bag.

Great progression of drills, from basic to advanced, with easy to use practice layouts.

This book provided some nice ideas for practices, especially for those volunteer parent-coaches. The author gives you a series of practice plans you can follow or pick and chose drills/games to mix into your training sessions. Several of the drills are simply repeated later in the book, but with some additional challenges.

i thought this book was okay but the reason i gave it 3 stars is because the book repeated alot of the drills over and over. also the book does not give any technique suggestions. this book was deffinetly written for a coach not a player. all in all this book was okay and i did get something out of it. if you want to read a book written for players try the everything kids soccer book. rules drills techniques and more

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